# Alder Creek

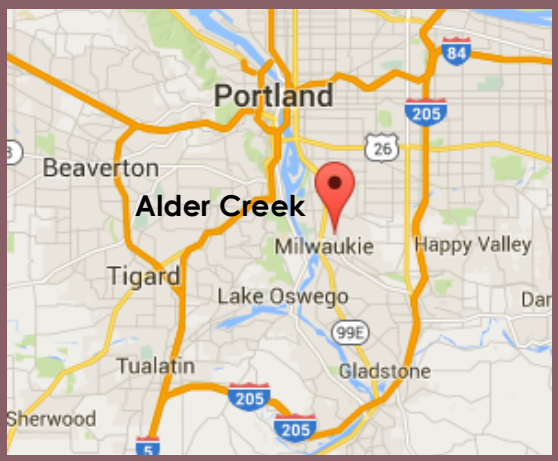
## Residential Treatment Facility

Alder Creek is a 6-bed, licensed, Residential Treatment Facility serving individuals with serious and persistent mental illness.

**Location:** Milwaukie, OR 97222
Clackamas County

**Administrator:** Ian Jones
ijones@columbiacare.org

**Contact:** Phone: 503.305.6296
Fax: 503.387.5279




## www.columbiacare.org

Admin Offices: 3587 Heathrow Way Medford, OR 97504 Phone: 541.858.8170
Robert C. Beckett, Executive Director

**Alder Creek RTF** (est. 2012) is a Residential Treatment Facility serving individuals who have a primary diagnosis of a major mental illness and who are stepping down out of higher levels of care, including the State Hospital. This program is a two-story, co-ed, non-locked (class 3) facility licensed by AMH. Residents enjoy the privacy of their own bedroom and have access to a shared bathroom and two spacious common living areas.

Alder Creek offers a full kitchen and dining room, spacious living room and large finished basement, which has been converted into a gathering space for watching TV or playing games.

Residents can enjoy sitting by the fire, reading, or playing board games.

There is plenty of outdoor space for residents to spend time outside – including a front and back deck with outdoor seating. A covered gazebo, raised garden beds, and fruit trees offer beauty as well as the opportunity for therapeutic outdoor activities. This program is bordered by a beautiful open field and rural farmland, but is still close to shopping, services, and the public transit line.

The program is staffed 24 hours per day, 7 days a week by a caring and professional team (on a 2-2-1 staffing schedule) who provide professional mental health treatment in a comfortable home-like atmosphere.

Services meet the residential and behavioral health needs of the selected individuals , including but not limited to:

- Psychiatric treatment,
- Individual and group therapy,
- Medication management,
- Skills Training,
- Peer Support, and
- Supported Employment.

## Who is Served?

Alder Creek welcomes referrals for individuals who are stepping down from the State Hospital or other residential placement, and who are deemed clinically appropriate for community treatment at this level of care. Alder Creek provides a therapeutic and home-like treatment environment for individuals who are in need of structured residential supports and professional mental health services, and yet who do not require extra medical or behavioral health supports and staffing. The program is non- secure and residents are encouraged to manage their illness and work on their recovery such that they can enjoy further community integration.