



FRESH OUT OF IDEAS?

HERE ARE SOME EXAMPLES YOU CAN BORROW FROM!

- Become a member of your local neighborhood watch
- Offer your expertise and support as a mentor or counselor for those who are in need
- Become involved in a charity that you are passionate about. Use your skills and experience to help them achieve their mission
- Involve your friends and neighbors in community projects. You could work together to create a communal garden or you could start-up a book club
- Volunteer your help in a crisis. If your local community has experienced a bad flood or fire, help with the clean-up or even offer your sofa to someone who has been affected
- Sign up to mentor students or a young person
- Share time with an older person, or someone who may feel isolated
- Follow your chosen charity on Facebook, Twitter or Instagram and support them financially
- Hold a fundraising event in your local community or at work – why not try a Tea & Talk?
- Raise money by taking part in a fun sporting event, such as a 5k run or walk in fancy dress or maybe a themed sports day
- Send a letter to your grand-relatives
- Send flowers to a friend out of the blue
- Help a friend pack for a move
- Offer to babysit for a friend
- Walk your friend's dog
- Clean someone's house
- Carry/deliver groceries for an elderly neighbor
- Check on someone you know who is going through a tough time
- Help a friend get active
- Pay the bill or buy a coffee for the person behind you in line
- Donate clothing/food
- Pick up litter
- Do 7 nice things (one a day) for someone you care about
- Bake a cake for someone
- Be a "secret" Santa
- VOLUNTEER!

THIS IS OUR FAVORITE CHALLENGE SO FAR.
WE CAN'T WAIT TO SEE WHAT YOU WILL BE UP TO!