Springbrook Crisis Respite Center (SCRC) is a 5-bed, class III, licensed, Residential Treatment Home providing short-term mental health respite services to adult Jackson Care Connect Members.

**Location:** Medford, OR 97504
Jackson County

**Administrator:** Melanie Milich, QMHA
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Springbrook Crisis Respite Center (est. 2017) is a 5-bed, class III, licensed, short-term Residential Treatment Home located in Medford, OR. SCRC will provide citizens of Jackson County who are Jackson Care Connect members with short-term respite mental health services in a community-based, residential setting. This resource provides an important link in the continuity of care. Services are intended to keep the person feeling safe, stabilize their symptoms and return the person to their familiar living situation and treatment as soon as possible. The program offers a very home-like and therapeutic environment that provides respite from stress and/or trauma an individual may be experiencing. Residents typically stay at the program between 3-7 days, but are allowed to stay for up to 30 days as needed. The program is staffed 24 hours per day, 7 days a week on a 2-1-1 staffing schedule. Staff includes a team of caring professionals (a full-time Facility Administrator, a full-time Assistant Administrator, and direct care staff), with the oversight of a Licensed Medical Provider as needed.

The program welcomes Jackson Care Connect members who are referred by family or friends, a service provider or self-referred for services. All admissions will be screened and authorized by their mental health provider or case manager (if they are open to services), as well as SCRC Facility staff.

Both the authorizing agency and program staff must agree that the SCRC is the appropriate level of care.

The program is located in a peaceful neighborhood tucked away in the hills of east Medford on a spacious corner lot. The program offers 3 individual bedrooms and 1 shared bedroom as well as a large living room, a central kitchen and fenced backyard complete with a patio deck, which are all available for resident use during their stay. The program is also in close proximity to the RVTD bus line, hospital and medical services, and community resources.

Who is Served? Springbrook Crisis Respite Center welcomes referrals for individuals who are medically stable, do not require a higher level of care, and would benefit from:

- An immediate alternative to acute hospitalization in an emergency situation
- An early intervention option when they are showing signs of decompensation
- A “cooling off” place when home situations have become intolerable
- A step-down from a period of acute psychiatric hospitalization facilitating smoother community integration or and for hospital cost reduction
- A place to be closely monitored during medication changes or times of environmental flux.
- After-care subsequent to a suicide attempt or ideation.

To request more information or to make a referral, please contact Melanie Milich at mmilich@columbiacare.org or by phone at 541.500.8814.